

St. Paddy's Polka

choreographed by GYTAL (Ginny Allen) dancingwithginny@aol.com

music: St. Patty's Polka medley by Jimmy Sturr

any polka

40 count 4 wall beginner Line Dance

R. Heel, R Kick ,Triple in Place, L Heel,L Kick , Triple in Place

1-2 Touch R heel slightly forward, Kick R foot Forward

3 & 4 Step R, L, R in place

5-6 Touch L heel slightly forward, Kick L Forward

7 & 8 Step L. R. L in place

R Triple Forward, L Triple Forward, R Rock, L Recover, R Coaster

1 & 2 Step R forward, bring L to R, Step R Forward

3 & 4 Step L Forward, bring R to L, Step L Forward

5-6 Rock Forward on R, Recover back on L

7 & 8 Step back on R, bring L to R, step forward on R

L Triple Back , R Triple Back, L Rock Back, R Recover forward, L Triple Forward

1& 2 Step back on L, bring R to L, Step Back on L

3 & 4 Step back on R, bring L to R, Step back on R

5-6 Rock back on L, Recover forward on R

7 & 8 Step forward on L, bring R to L, Step forward on L

Jazz Box, 1/4 turn to R Jazz Box (3 oclock)

1-4 Step R over L, Step back on L, Step R next to L, Step L next to R

5-8 Step R over L, Step back on L& turn 1/4 to R., Step R next to L, Step L next to R

R Touch forward, R Touch side, R Triple in Place, L touch Forward, L touch Side, L Triple in Place

1-2 Touch R toe slightly forward, touch R Toe To R side

3 & 4 Step R, L, R in place

5-6 Touch L Toe Slightly Forward, Touch L Toe To L Side

7 & 8 Step L, R, L in place

Repeat